

# WOMEN OF OUR FAITH: VBS@HOME WEEK 1: DEBORAH IS WISE

Thank you for trying this new thing! We are so pleased to be able to create these resources for you! Each week, physical resources will be available by 4 PM on Monday afternoon, and a copy of this guide will be sent to your email. Plan to join us on Zoom at 10 AM on Wednesday mornings for an interactive time to kick off the week of learning. Check out this resource reveal video for a walk-through of the whole resource: <https://youtu.be/8BE3J1FuXhQ>

**Zoom Link:** 10 AM on Zoom June 10, 17, 24, and July 1

<https://us02web.zoom.us/j/88501116369?pwd=QzRTNkhsMFg2RHZFaTh6UIJSb2dYZz09>

Join Pastor Breen each Wednesday morning for a kick-off of this week's Bible School story. Make sure that you have room to move! If you miss the Zoom, check out this YouTube playlist: [https://www.youtube.com/playlist?list=PL0V-IJaYUW4J7MxGhv44X27fc\\_sHYsi4p](https://www.youtube.com/playlist?list=PL0V-IJaYUW4J7MxGhv44X27fc_sHYsi4p)

**Women of Our Faith Theme verse:** Ephesians 3:20 ERV

*This is the theme verse for the whole month. You can find it on the back of your Women of Our Faith Bible Friend Card. Practice this verse, repeat-after-me style, each time you gather to engage the resources.*

With God's power working in us,  
God can do much, much more  
than anything we can ask or imagine.

**Women of Our Faith Theme song:** Ephesians 3:20 song Saddleback Kids

*This is the theme song for the whole month. This song helps you to learn the verse through music and motions. Watch it together and sing along.*

<https://youtu.be/0zAEeH5VBTM>

## EXPLORE THE STORY

*This is the "meat" of VBS@ Home. Pastor Breen will introduce the story at our Zoom meeting, and each family is asked to also engage in the story, through reading, devotions, and videos, at home. Complete this section first, and then choose activities from the menu below to reinforce the theme.*

**Theme Verse:** James 1:5 ERV

*This is the theme verse for the week. You can find it on the back of your Deborah Bible friend card and on the front of your family devotion. Practice this verse, repeat-after-me style, each time you gather to engage the resources this week.*

Do any of you need wisdom?  
Ask God for it.  
God is generous and enjoys giving to everyone.  
So God will give you wisdom.

**Bible Story:** Deborah (Judges 4:1-5:31)

*Read this story from your Spark Story Bible as a family. You can use your Women of Faith Bible friend card as a bookmark, to easily find the story again later. If you have multiple readers in your family, you might take turns reading by page, paragraph, or sentence. Answer the question at the end of the story as a family.*

Spark Story Bible page 107

Get your own Spark Story Bible here: <https://www.wearesparkhouse.org/store/product/9780806670492/Spark-Story-Bible-Sunday-School-Edition>

### Family Devotion: Deborah's Wisdom

Each learner will have their own copy of *Week 1 Devos*. After you have read the story from your Spark Story Bible, color the provided picture as you discuss the two sets of questions as a family. In "Understanding the Story," you can find the answers to the questions by looking back at the story in the Spark Story Bible. In "God's Story, My Story," there are no wrong answers (as long as you are telling the truth 😊). If these questions spark questions that you do not know the answers to, please reach out to Pastor Breen. She loves to wrestle with hard questions alongside you!

### Bible Story Videos:

Another way to engage this story is in video form. You can reinforce what you learned during your family devotion time during the week by offering these videos to your children and youth, or watch them as a family.

Spark Story Bible Read Along: Deborah <https://youtu.be/4zBCvBCdJDM>

God's Story: Deborah [https://youtu.be/GakKDNn2\\_YE](https://youtu.be/GakKDNn2_YE)

## MIX & MATCH BIBLE STATIONS

Read through these stations, and decide which ones you would like to engage as a family. You might choose only one, or a couple, or one each day! Each activity is intended to reinforce the theme of the Bible story for the week in a concrete, memorable way.

### Craft: Pool Noodle Bible Verse Holder

Items for this craft will be in your paper sack. Use the stickers to decorate the verse holder on both sides. You might choose to write each person's name on the bottom of their holder, to prevent confusion. Place it in a place where you will see it often (we are keeping ours at our places at the dinner table). Each week, learners will receive a new Bible friend card to put in this holder. When the week is up, they can use their Bible friend card as a bookmark in their Bibles at that story.



From: <https://www.daniellesplace.com/html/bible-crafts-prayer.html>

**Song:** Where Does Wisdom Come From? (a song from Proverbs 9:10 by Pastor Breen)

*We will learn this song during our Zoom gathering. You can use the video to lead you during the week.*

Where does wisdom come from?

It comes from our God.

Where does wisdom come from?

It comes from our God.

The awe of our God is where wisdom begins.

The awe of our God is where wisdom begins.

Video link: <https://youtu.be/5wriA7JZrkU>

**Outdoor Activity:** Deborah, May I?

*As a judge, Deborah delivered instructions from God. This game has been modified from "Mother, May I?" to remind us of Deborah's role as a judge for the people of Israel. You can find the rules of the game here:*

How to Play "Deborah May I?"

1. Choose someone to be the Deborah. If you are playing with a very young group of children, have an adult play this part.
2. Whoever is designated Deborah stands at one end of the room and faces away from the Children, who line up on the other end of the room, close enough to hear and be heard by Deborah.
3. Learners take turns asking, "Deborah, may I \_\_\_\_?"
4. If the answer is yes, the question asker is allowed to make whatever movement they requested.
5. If the answer is no, the person playing Deborah makes an alternative suggestion, by saying, "No you may not do that, but you may \_\_\_\_." Deborah uses this answer if the learners are reaching her too quickly.
6. Learners continue taking turns and the first one to reach the other end of the room wins and becomes Deborah.

Suggestions for making "Deborah May I?" requests:

- Take \_\_\_\_ steps forward
- Take \_\_\_\_ giant steps forward (a small number)
- Take \_\_\_\_ baby steps forward (a large number)
- Take \_\_\_\_ umbrella steps forward
- Hop forward like a frog \_\_\_\_ times
- Run forward for \_\_\_\_ seconds
- Crabwalk forward for \_\_\_\_ seconds
- Take open-and-shut steps \_\_\_\_ times (jump forward with feet apart, then bring the feet together)
- Do a lamppost (lie face down, stretch arms forward, and then bring your feet to the point reached by the fingertips)
- Other suggestions are Scissor steps, jumping jack steps, karate steps, and jump steps.

Suggestions if Mother answers, "No, you may not, but you may \_\_\_\_\_":

- Take fewer steps (Instead of granting permission for five steps, allow two).
- Take \_\_\_\_ steps backward
- Run backward for \_\_\_\_ seconds (Mother does the counting.)
- Walk backwards \_\_\_\_ steps (Or until Mother says, "Stop!")
- Return to the starting line (Can be used in for players who are not observing the rules.)

From <https://icebreakerideas.com/mother-may-i-game-rules-and-variations/>

**Game:** Deborah's Wisdom (*Tricky Questions*)

Here's a fun Bible game for kids that'll get them scratching their heads!

Say: Deborah was a judge over Israel who was known for her wisdom. Nothing was too hard for her. Let's see if we can answer some tough questions.

Ask the following silly questions one at a time, and let kids have fun grappling with answers.

- Why does round pizza come in a square box?
- If the earth is round, why don't people on the bottom part of it feel like they're upside down?

- Why is it called a funny bone, when it's not funny to hit it?
- Why do people drive on a parkway and park on a driveway?
- What hair color do they put in the driver's licenses of bald men?

Ask:

- Explain which of these questions was the hardest to answer.
- Tell about a time you had a hard time answering a question or knowing what to do.
- How has wisdom from God helped you know what to do in tough situations?

Say: The Bible doesn't say what questions the people asked Deborah. They were probably important questions, not silly ones like the ones we just answered. And we know that Deborah was known for being wise, and that people went to her when they needed advice. You don't have to be able to answer silly questions like the ones I asked for people to see God in your life. When you show wisdom in the decisions you make, people will be amazed by God's wisdom in you.

From <https://childrensministry.com/bible-games-solomons-wisdom/>

**Snack:** Deborah's Palm Tree

*The people knew where to find Deborah to ask for advice: under a palm tree! You can make your own palm tree from fruit, as pictured, or with a pretzel rod and mint gummy slices. Encourage your family to help you to make the snack, as they are able.*



From <https://www.stockpilingmoms.com/pinterest-pin-of-the-day-healthy-palm-tree-snack-idea-for-kids/>

**Prayer Practice:** Awesome God Prayer in Song (We will try this during our Zoom meeting)  
*Deborah learned what she needed to know about being wise by listening to God in prayer. St. Augustine said that the one who sings, prays twice! What is something that you need from God today? Ask each member of your family to contribute a prayer request. In between each request, you might sing the refrain together, or listen to the refrain from the video link provided. Video link: <https://youtu.be/XFvmUkaab5Q>*