

# WOMEN OF OUR FAITH: VBS@HOME WEEK 2:

## Hannah Prays

Each week, physical resources will be available by 4 PM on Monday afternoon, and a copy of this guide will be sent to your email. Plan to join us on Zoom at 10 AM on Wednesday mornings for an interactive time to kick off the week of learning. Here is the blog post:

<https://familygodtime.wordpress.com/tag/vacation-bible-school/>

Check out this resource reveal video for a walk-through of the whole resource:

<https://youtu.be/AKBBwan7u30>

**Zoom Link:** 10 AM on Zoom June 17, 24, and July 1

<https://us02web.zoom.us/j/88501116369?pwd=QzRTNkhsMFg2RHZFaTh6UIJSb2dYZz09>

Join Pastor Breen each Wednesday morning for a kick-off of this week's Bible School story. Make sure that you have room to move! If you miss the Zoom, check out this YouTube

playlist: [https://www.youtube.com/playlist?list=PL0V-IJaYUW4J7MxGhv44X27fc\\_sHYsi4p](https://www.youtube.com/playlist?list=PL0V-IJaYUW4J7MxGhv44X27fc_sHYsi4p)

**Women of Our Faith Theme verse:** Ephesians 3:20 ERV

*This is the theme verse for the whole month. You can find it on the back of your Women of Our Faith Bible Friend Card. Practice this verse, repeat-after-me style, each time you gather to engage the resources.*

With God's power working in us,  
God can do much, much more  
than anything we can ask or imagine.

**Women of Our Faith Theme song:** Ephesians 3:20 song Saddleback Kids

*This is the theme song for the whole month. This song helps you to learn the verse through music and motions. Watch it together and sing along.* <https://youtu.be/OzAEeH5VBTM>

## EXPLORE THE STORY

*This is the "meat" of VBS@ Home. Pastor Breen will introduce the story at our Zoom meeting, and each family is asked to also engage in the story, through reading, devotions, and videos, at home. Complete this section first, and then choose activities from the Mix & Match Bible Stations below to reinforce the theme.*

**Theme Verse:** Philippians 4:6 ERV

*This is the theme verse for the week. You can find it on the back of your Deborah Bible friend card and on the front of your family devotion. Practice this verse, repeat-after-me style, each time you gather to engage the resources this week.*

Don't worry about anything,  
but pray and ask God  
for everything you need,  
always giving thanks  
for what you have.

**Bible Story:** Hannah Prays for a Child (1 Samuel 1:9-27)

*Read this story from your Spark Story Bible as a family. You can use your Women of Faith Bible friend card as a bookmark, to easily find the story again later. If you have multiple readers in your family, you might take turns reading by page, paragraph, or sentence. Answer the question at the end of the story as a family.*

Spark Story Bible page 118

Get your own Spark Story Bible here:

<https://www.wearesparkhouse.org/store/product/9780806670492/SparkStory-Bible-Sunday-School-Edition>

**Family Devotion:** Hannah Prays

*Each learner will have their own copy of Week 2 Devos. After you have read the story from your Spark Story Bible, color the provided picture as you discuss the two sets of questions as a family. In “Understanding the Story,” you can find the answers to the questions by looking back at the story in the Spark Story Bible. In “God’s Story, My Story,” there are no wrong answers (as long as you are telling the truth ☺). If these questions spark questions that you do not know the answers to, please reach out to Pastor Breen. She loves to wrestle with hard questions alongside you!*

**Bible Story Videos:**

*Another way to engage this story is in video form. You can reinforce what you learned during your family devotion time during the week by offering these videos to your children and youth, or watch them as a family.*

Spark Story Bible Read Along: Hannah [https://youtu.be/zN2\\_qa9ucSY](https://youtu.be/zN2_qa9ucSY)

Slapstick Theater: Hannah and God: <https://youtu.be/hVBZO4YEtbg>

## MIX & MATCH BIBLE STATIONS

*Read through these stations, and decide which ones you would like to engage as a family. You might choose only one, or a couple, or one each day! Each activity is intended to reinforce the theme of the Bible story for the week in a concrete, memorable way.*

**Song:** Thank You God Litany (a prayer song by Pastor Breen)

*We will learn this song during our Zoom gathering. You can use the video to lead you during the week.*

Since it is a prayer song, you can include your own prayers to the same melody. You can either talk about your prayers in advance and then sing them all together, or you can take turns singing the first line, with your family responding with the second line.

Video link: <https://youtu.be/Duxt85nFFvM>

**Game:** Balloon Keep-It-Up: Lord’s Prayer Style

*Another way to practice persistence like Hannah is to work together to keep the balloon from touching the ground for a certain amount of time. Because this is VBS, and our theme is persistence in prayer, you might work together to keep the balloon in the air while praying the Lord’s prayer out loud.*

**Outdoor Activity:** Balloon and Spoon Relay

*One thing that we know about Hannah is that she is persistent. Persistence is when we keep trying and working at something and don’t give up, even when it’s hard. To get an idea of what it is like to be persistent, you and your family can play this game. There is a balloon in your resource bag, and you will need two spoons from your kitchen.*

1. Decide on a set area for your relay. Make a starting line and ending line (my family used the shadow of the garage on the yard).
2. Put half of your family at one end, and the other half at the other. Blow up the balloon and make sure that there is a spoon at either end.
3. Place the balloon on the spoon and carefully walk it to the other side. Transfer the balloon to the next person.
4. The next person carefully walks the balloon back to the starting point. Transfer the balloon again and again, until everyone has had a turn.
5. If you drop the balloon, you can either start over from the side you started on, or from where you dropped it. Practice persistence!
6. If you need to make this a bit easier, you can use water balloons, a golf ball, or even a hard-boiled egg.

## Craft: Prayer Bead Bracelet

Items for this craft will be in your paper sack. Each learner will have enough beads for a large bracelet. If your learner's wrist is on the small size, make the smaller version, and return the extra beads to church when you pick up your new resources next week.



### Large bracelet:

1. Thread the stretchy string through the cross so that half of the string is on each side.
2. Thread both ends through the small round bead.
3. Thread one end through five larger beads; thread the other end through the remaining large beads.
4. Tie the string using three overhand knots. Trim the ends close to the knot.



### Small bracelet:

1. Thread the stretchy string through the cross so that half of the string is on each side.
2. Thread one end through one small round bead; thread the other end through the second small bead.
3. Thread one end through **three** larger beads; thread the other end through **four** larger beads.
4. Tie the string using three overhand knots. Trim the ends close to the knot.

## Prayer Practice: Prayer Bead Thanksgivings

*One way to work following Hannah's example of persistence in prayer is by praying with beads. My husband, Patrick Sipes of The Forming Spirit, prays with beads on a consistent basis while he drives. I owe the idea of praying beads in this way to him. We suggest doing this as a group for VBS@ Home, but it can easily be adapted to personal use. This week, focus on thanksgivings, but you could also pray for different people on each bead, offer confessions on each bead, ask for help, etc.*

1. Make sure that each member of your family has a set of beads to pray.
2. Tell your family that this week, we are going to focus on giving thanks to God. We will each take turns telling God something we are thankful for.
3. Begin your prayers by holding the cross and saying (repeat-after-me), "We begin our prayers in the name of the Father, and of the Son, and of the Holy Spirit, Amen."
4. The first person prays their thanksgiving to God. When that person has prayed, everyone responds, "Thanks be to God," and holds one bead.
3. The next person shares their thanksgiving, everyone responds, "Thanks be to God," and moves on to hold the next bead.
4. Continue until you run out of beads. Then, hold the cross while you pray the Lord's Prayer together.

## Snack: Prayer Pretzels

The shape of pretzels reminds us to pray. You can buy pretzels for your snack, buy them and dip them in chocolate, or make your own. My family is going to use this super simple recipe for making bagels, rolling them into a pretzel shape and sprinkling them with coarse salt (or cinnamon and sugar):

Just like arms  
folded,  
My **pretzel** will  
stay.  
A snack that  
reminds me,  
To **PRAY** everyday.



## Ridiculously Easy Homemade Bagels:

<https://www.adayinthekitchen.com/ridiculously-easy-homemade-bagels/>

### Ingredients

- 2 cups [all-purpose flour](#) (bread flour also okay)
- 4 tsp baking powder
- 1/2 tsp sea salt
- 1 1/2 cups Greek yogurt

### Egg Wash:

- egg white from one egg
- 1 tsp water

## Instructions

1. Preheat oven 375 deg F (190C).
2. Line baking sheet with parchment paper.
3. In a small bowl, combine egg white and 1 tsp water. Mix with a fork to loosen egg wash. Set aside.
4. Combine all dry ingredients in bowl and stir with whisk to combine.
5. Add yogurt to dry ingredients.
6. Mix dry and wet ingredients well using a fork or pastry cutter, making sure ingredients are well mixed.
7. Using your hands, gather dough into a ball. If it is too dry, add 1 tsp of water and mix again until it comes together.
8. On a lightly floured surface, knead the dough about 10 times and form into a slightly flattened ball.
9. Cut dough into 8 equal pieces.
10. Roll each piece into a log.
11. Shape log into a bagel (pretzel), overlapping and squeezing the ends together well.
12. Transfer to parchment lined baking sheet. Repeat with remaining dough.
13. Brush bagels with egg wash, making sure to brush around all the edges.
14. Sprinkle toppings over bagels if desired.
15. Bake for 25 minutes on an upper rack.
16. Transfer to a cooling rack and let cool at least 15 minutes before slicing, preferably longer.
17. Store in a sealed bag for 1-2 days.

Idea from [https://mcusercontent.com/c0b6f41bbf2c0ee35456a971f/files/d0c4918e-11d9-4c07-a4eb-a4610133b143/Family\\_Activity\\_for\\_Lent.pdf](https://mcusercontent.com/c0b6f41bbf2c0ee35456a971f/files/d0c4918e-11d9-4c07-a4eb-a4610133b143/Family_Activity_for_Lent.pdf)